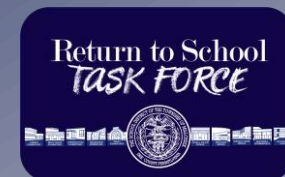


Millcreek Township School District Athletic Department Resocialization of Sports Recommendations





Return to School TASK FORCE



The Millcreek Township School District (MTSD) will take the necessary precautions and recommendations from the federal, state, and local governments, CDC, PA DOH, as well as the NFHS and PIAA. MTSD realizes the knowledge regarding COVID-19 is constantly changing as new information and treatments become available. These recommendations will be adjusted as needed as new information becomes available in order to decrease the risk of exposure for our staff, students, and spectators. The priority of the district will be to deliver enriching and challenging **learning curriculum**, provide **essential resources** for students and staff, foster student and staff **mental and physical wellness**, and maintain ongoing **essential communication** to parents, staff, students and the community throughout this dynamic and fluid school year.

Please refer to the complete [MTSD Athletic Resocialization recommendations](https://www.mtsd.org/rts) at [mtsd.org/rts](https://www.mtsd.org/rts) for all MTSD District requirements, action steps and resources to be implemented in each phase.

Return to School TASK FORCE



Pathways to Play



In the **GREEN PHASE**, athletics will be classified as Level 3 or Level 4



In the **YELLOW PHASE**, athletics will be classified as Level 2.



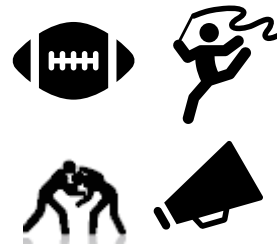
In the **RED PHASE**, athletics will be classified as Level 1. All school facilities remain closed following the guidelines from local and state governments.

Return to School TASK FORCE



Classification of Sports

HIGH RISK

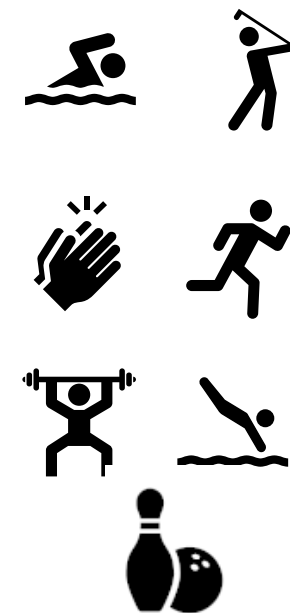


High/Moderate Risk Sports may move to a Low risk category with non-contact modifications.

MODERATE RISK



LOW RISK





Return to School TASK FORCE



Group Tiers for Contests

Tier 1 Essential



**Athletes
Coaches
Officials
Event Staff
Medical Staff
Security**

Tier 2 Preferred



Media

Tier 3 Non-essential



**Spectators
Vendors**

Only Tier 1 and 2 personnel will be allowed to attend events until state/local governments lift restrictions on large gatherings.



LEVEL 4

All sports may resume normal practice and competition. Low/Moderate Sports may resume while High Risk Sports may begin full person to person contact and competition. In the event that a school is closed due to COVID-19, all athletics and extracurricular activities for that school will be canceled and/or postponed. In the event a County is deemed in Phase Red, school districts will be closed including all athletics and extracurricular activities.
pending PIAA approval

Athletic Department Protocols



Crowds & Sidelines

- Social distancing must be maintained on sidelines/bench during contests and events, as deemed necessary by the school, PIAA, state and local governments.
- Tape or paint as may be used as a guide for students & coaches
- Only Tier 1 and 2 personnel will be allowed to attend events until state/local governments lift restrictions on mass gatherings
- Venue capacity changes may be necessary
- **Follows current State and Local Guidelines – may change**



Training & Equipment

- Appropriate clothing/shoes should be worn at all times in the weight room to minimize sweat from transmitting onto equipment surfaces
- Students should refrain from sharing clothing/towels and should be washed after each practice, including pinnies.
- Athletic equipment that may be used by multiple individuals (balls, shields, tackling dummies, shot put, discus, pole vault, etc.) should be cleaned intermittently during practice and events as deemed necessary
- Hand Sanitizer should be used periodically as resources allow
- Spotters for maximum weight lifts should be stationed at each end of the bar



Hydration

- Students **MUST** bring their own water bottle. Water bottles must not be shared.
- Hydration Stations may be used but **MUST** be cleaned after every practice/event.



Health Screenings

- Any person who has COVID-19 symptoms should not be allowed to participate in practice/games, and should contact their primary care physician or another appropriate health-care provider.
- COVID-19 Screenings (Questionnaire and Temperature Checks may continue as per State and Local government recommendations)
- Team attendance should be recorded



Transportation

- Reduced number of students/coaches
- hand sanitizer upon boarding
- Masks will be required while riding to the maximum extent feasible
- MTSD will evaluate each out of town event to follow all local/state government guidelines on a case by case basis. Every consideration will be taken as to not expose students to unnecessary or potential high-risk exposure. The administrative decision will be made collaboratively with the AD, Director of Finance & Operations, Assistant Superintendent and building level administration



Facilities & Cleaning

- Adequate cleaning schedules should be created and implemented for all athletic facilities to mitigate any communicable disease
- Athletic Facilities should be cleaned prior to arrival and post workouts and team gatherings, high touch areas should be cleaned more often
- Weight Room Equipment should be wiped down after and individual's use



LEVEL 3

Low, Moderate, and High Risk **practices permitted**. Low and Moderate Risk **competitions may begin**. In the event that a school is closed due to COVID-19, all athletics and extracurricular activities for that school will be canceled and/or postponed. In the event a County is deemed in Phase Red, school districts will be closed including all athletics and extracurricular activities.
pending PIAA approval

Athletic Department Protocols



Crowds & Sidelines

- Social distancing must be maintained on sidelines/bench during contests and events, as deemed necessary by the school, PIAA, state and local governments.
- Tape or paint as may be used as a guide for students & coaches
- Only Tier 1 and 2 personnel will be allowed to attend events until state/local governments lift restrictions on mass gatherings
- Venue capacity changes may be necessary
- State/ Local Guidelines apply (250 max.) for all coaches, athletes, officials, and spectators



Training & Equipment

- Appropriate clothing/shoes should be worn at all times in the weight room to minimize sweat from transmitting onto equipment surfaces
- Students should refrain from sharing clothing/towels and should be washed after each practice, including pinnies.
- Athletic equipment that may be used by multiple individuals (balls, shields, tackling dummies, shot put, discus, pole vault, etc.) should be cleaned intermittently during practice and events as deemed necessary
- Hand Sanitizer should be used periodically as resources allow
- Spotters for maximum weight lifts should be stationed at each end of the bar



Hydration

- Students MUST bring their own water bottle. Water bottles must not be shared.
- Hydration Stations may be used but MUST be cleaned after every practice/event.



Health Screenings

- Any person who has COVID-19 symptoms should not be allowed to participate in practice/games, and should contact their primary care physician or another appropriate health-care provider.
- A clearance may be required to return to play
- COVID-19 Screenings (Questionnaire and Temperature Checks may continue as per State and Local government recommendations)
- Team attendance should be recorded



Transportation

- Reduced number of students/coaches
- hand sanitizer upon boarding
- Masks will be required while riding to the maximum extent feasible
- MTSD will evaluate each out of town event to follow all local/state government guidelines on a case by case basis. Every consideration will be taken as to not expose students to unnecessary or potential high-risk exposure. The administrative decision will be made collaboratively with the AD, Director of Finance & Operations, Assistant Superintendent and building level administration.



Facilities & Cleaning

- Adequate cleaning schedules should be created and implemented for all athletic facilities to mitigate any communicable disease
- Athletic Facilities should be cleaned prior to arrival and post workouts and team gatherings, high touch areas should be cleaned more often
- Weight Room Equipment should be wiped down after and individual's use



LEVEL 2

Low Risk **practices permitted**. Moderate and High Risk **modified practices may begin**. All practices must remain non-contact and include social distancing where applicable, activity should focus on individual skill development)

In the event that a school is closed due to COVID-19, all athletics and extracurricular activities for that school will be canceled and/or postponed. In the event a County is deemed in Phase Red, school districts will be closed including all athletics and extracurricular activities. **pending PIAA approval**

Athletic Department Protocols



Crowds & Sidelines

- Under PA yellow, no gathering of more than 25 individuals per group including coaches per practice area.
- Controlled non-contact practices only, modified game rules
- Social Distancing should be applied during practices and in locker rooms, and gathering areas.



Training & Equipment

- Weight rooms remain closed under PA Yellow Phase
- Students should refrain from sharing clothing/towels and should be washed after each practice, including pinnies.
- Athletic equipment that may be used by multiple individuals (balls, shields, tackling dummies, shot put, discus, pole vault, etc.) should be cleaned intermittently during practice and events as deemed necessary
- Hand Sanitizer should be used periodically as resources allow



Hydration

- Students MUST bring their own water bottle. Water bottles must not be shared.
- Hydration Stations may be used but MUST be cleaned after every practice/event.



Health Screenings

- All coaches and students should be screened for signs/symptoms of COVID-19 prior to a workout. The screenings could range from a verbal/written questionnaire to a temperature check (See Appendix for COVID-19 Screening Form)
- Responses to screening questions for each person should be recorded and stored so that there is a record of everyone present in case a student develops COVID-19
- Any person with positive symptoms reported should not be allowed to take part in workouts and should contact his or her primary care provider or other appropriate health-care professional. A clearance (PIAA Cipe form page 8) may be required to return to play.



Transportation

- Reduced number of students/coaches
- hand sanitizer upon boarding
- Masks will be required while riding to the maximum extent feasible
- MTSD will evaluate each out of town event to follow all local/state government guidelines on a case by case basis. Every consideration will be taken as to not expose students to unnecessary or potential high-risk exposure



Facilities & Cleaning

- Adequate cleaning schedules should be created and implemented for all athletic facilities to mitigate any communicable disease
- Athletic Facilities should be cleaned prior to arrival and post workouts and team gatherings, high touch areas should be cleaned more often



LEVEL 1

No In-person gatherings allowed. All school facilities remain closed as per PA State Guidelines. Athletes and Coaches should abide by guidelines set forth by the local and state governments

Athletic Department Protocols



Training & Equipment

- Athletes and Coaches may communicate via online meetings (zoom, google meet, etc.)
- Athletes may participate in individual home workouts including strength and conditioning



Return to School TASK FORCE



Pathway to Play Recommendations for all Phases

- Athletes, Coaches, and Staff will undergo a COVID- 19 health screening prior to any practice, event, or team meeting. The type of screening will be dependent upon the available resources and the Phase level. The purpose is to check for signs and symptoms of COVID-19, which will include a Non-touch temporal scan of a temperature higher than _degrees 100.4.
- Promote healthy hygiene practices such as hand washing (20 seconds with warm water and soap) and employees wearing a cloth face covering as feasible. (Face coverings are recommended to help decrease potential exposure to COVID-19 respiratory droplets by an infected individual. Face Coverings will not be used for athletes while practicing or competing.)
- Hand Sanitizer will be available for team use as resources allow.
- Intensify cleaning, disinfection, and ventilation in all facilities
- Encourage social distancing through increased spacing, small groups, and limited mixing between groups, if feasible
- Educate Athletes, Coaches, and Staff on health and safety protocols
- Anyone who is sick must stay home
- Plan in place if a student or employee gets sick
- Regularly communicate and monitor developments with local authorities, employees, and families regarding cases, exposures, and updates to policies and procedures
- Athletes and Coaches MUST provide their own water bottle for hydration. Water bottles must not be shared.
- PPE (gloves, masks, eye protection) will be used as needed and situations warrant, or determined by local/state governments.
- Identify Staff and students who may be at a higher risk of severe illness from COVID-19 due to underlying medical conditions. (See - CDC “People Who are at a Higher Risk for Sever Illness”)
- Student athletes will follow all MTSD policies, procedures, requirements, etc. In addition, all aspects of the MTSD Health & Safety Plan must be followed in order to participate in extra curricular activities and sports.



Surveys
Be apart of the planning process & share your opinion!

Return to School surveys are sent out approximately every two weeks via Infinite Campus contact information and will be posted the site.



Get Social
Follow the Millcreek Township School District on Facebook, Twitter, or Instagram

COMING SOON!



FAQs
Visit the Return to School frequently asked questions for answers or updates on the progress!

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Infinite Campus
Review your current email and phone numbers to ensure you receive all RTS updates!

Click here to go to the Infinite Campus Parent Log In to update your contact preferences for email, text, and calls!

New user? Contact: ParentPortalHelp@mtsd.org

